

## **Standard & Emergency First Aid, CPR and AED**

### **Standard First Aid, CPR and AED**

The WSIB approved two day course delivers Standard First Aid (based Canadian Red Cross program) and adult/child /infant Cardiopulmonary Resuscitation (CPR) level C and Automatic External Defibrillators (AEDs) from the Heart and Stroke Foundation. The use of AEDs will be reviewed and practiced with a training unit.

First aid topics covered include:

- Primary and secondary assessment
- Severe bleeding – wounds, lacerations
- Serious injury recognition and Immobilization (e.g. head, neck, back, chest, abdomen)
- Medical conditions – heart attack, stroke, diabetes, seizures, allergies
- Practice and relevant scenarios
- As time permits, any of the following:
  - Heat/cold related conditions
  - Burns
  - Puncture wounds
  - Poisoning

Who should attend:

University of Guelph personnel working at Research Stations and Regional campuses. If space allows, any University of Guelph personnel who require Standard First Aid and CPR for external activities (team coaches, Scouts Canada/ Girl Guides of Canada, etc) are welcome.

Course includes: Standard First Aid certificate valid for 3 years; renewal is recommended every 2 years.

Cost: This course is offered free of charge to all full-time permanent University of Guelph employees. The cost for others, including undergrads, graduate students and non- University personnel is posted within the course information.

To [view current offerings and register](#) [1] for our course.

### **Emergency First Aid, CPR and AED**

The WSIB approved two day course delivers Standard First Aid (based Canadian Red Cross program) and adult/child /infant Cardiopulmonary Resuscitation (CPR) level C and Automatic External Defibrillators (AEDs) from the Heart and Stroke Foundation. The use of AEDs will be reviewed and practiced with a training unit.

First aid topics covered include:

- Primary and secondary assessment
- Severe bleeding – wounds, lacerations
- Serious injury recognition and Immobilization (e.g. head, neck, back, chest, abdomen)
- Medical conditions – heart attack, stroke, diabetes, seizures, allergies
- Practice and relevant scenarios
- As time permits, any of the following:
  - Heat/cold related conditions

## Standard & Emergency First Aid, CPR and AED

Published on Human Resources (<https://www.uoguelph.ca/hr>)

---

- Burns
- Puncture wounds
- Poisoning

Who should attend:

University of Guelph personnel. Emergency first aiders provide departmental back up to first aiders at the Guelph campus' designated first aid stations: Occupational Health and Wellness, Student Health Services and Campus Security Services personnel (Police and Fire).

Course includes:Emergency First Aid certificate valid for 3 years; renewal is recommended every 2 years.

Cost: This course is offered free of charge to all full-time permanent University of Guelph employees. The cost for others, including undergrads, graduate students and non-University personnel is posted within the course information.

To [view current offerings and register](#) [1] for our course.

---

### Source

URL:<https://www.uoguelph.ca/hr/about-hr/environmental-health-safety-ehs/ehs-training/course-descriptions/standard-emergency-first>

### Links

[1] <https://www.uoguelph.ca/ehs/courses/index.cfm?>