



Notice of Group Benefit Premium Rate Increases

A Message from the AVP and Chief Human Resources Officer

Date: April 22, 2025

As part of our annual review process, the University of Guelph and Sun Life have finalized Group Benefit premium rates for the policy year starting May 1, 2025. From this review and aligned with insurance practices, it was determined that monthly premium rates will change across the various group benefit packages that faculty and staff hold and we have outlined what those changes will look like, below.

Extended Health Care (EHC) and Dental

The EHC premiums for regular full-time and temporary full-time employees are 100% funded by the University. Dental premiums are 80% funded by the University and 20% funded by employees. Part-time employees contribute a percentage of the EHC/Dental premiums depending on the full-time equivalency of their University appointment(s).

Effective May 1, EHC and Dental monthly premiums (inclusive of RST) will be increasing due to increased usage along with inflationary costs.

Below is a summary of the monthly premium increases and total monthly premium rates for Regular Full-Time staff.

Premium Type	Coverage Type	RFT Employee Impact	Employer Impact
Dental	Single	\$0.39 increase to \$13.25/month	\$1.54 increase to \$53.00/month
	Family	\$1.33 increase to \$45.64/month	\$5.32 increase to \$182.58/month
EHC	Single	N/A for RFT, 100% U of G Funded	\$28.36 increase to \$205.61/month *
	Family		\$68.69 increase to \$498.00/month *

* Some employee groups are moving to \$213.80 single / \$518.15 family

Long Term Disability (LTD)

LTD premiums are 2/3 funded by the University and 1/3 by employees; Effective May 1, 2025, the total University and employee monthly premium rate for regular full-time employees will be maintained at **\$5.02 per \$100** of benefit. For temporary full-time and part-time employees' premium rates will be maintained at **\$2.69 per \$100** of benefit.

Life Insurance

Life insurance premiums are 2/3 funded by the University and 1/3 by employees. The total University and employee monthly premium rate for regular full-time staff will be maintained at **\$0.17 per \$1000** of benefit.

To confirm the amount of your premium deductions, please refer to your bi-weekly electronic pay statement available in the Payroll Information section of [Gryphons at Work](#).

Ensuring that our faculty and staff members have access to quality group benefits is a priority. If you have any questions, please contact our office at hr@uoguelph.ca.

Thank you,



Elaine Do Rosario

AVP and Chief Human Resources Officer