

# PSYC\*1000 - Introduction to Psychology

## Fall 2024 Course Outline

**Section: 01**

**Credits: 0.50**

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## Land Acknowledgement: Guelph

The University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer respect to our Anishinaabe, Haudenosaunee and Métis neighbours. Today, this gathering place is home to many First Nations, Inuit, and Métis peoples and acknowledging them reminds us of our important connection to this land where we work and learn.

## Calendar Description

This is an introduction to the content and methods of psychology. It will cover the major areas such as neuroscience, sensation and perception, learning, cognition, motivation, human development, personality, psychopathology and its treatment, and social psychology.

**Restriction(s):** This is a Priority Access Course. Enrolment may be restricted to particular programs or semester levels during certain periods.

**Department(s):** Department of Psychology

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## Lecture Schedule

TuTh 8:30am-9:50am in ROZH\*104 (9/5 to 12/13)

## Instructor Information

**Dr. Benjamin Giguère**

Email: bgiguere@uoguelph.ca

Office: MacKinnon Building Extension (MACK) 4007 (newer part of MACK, with 4 digit rooms)

Office Hours:

Tuesdays 1:30pm to 2:30pm

Wednesdays 1pm to 2pm

Or by appointment

Office Phone: 519-824-4120 ext 56862

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## Teaching assistants

### Course Coordinator

Name: Shruti Chandrashehar Nadkarni

Email: snadkarn@uoguelph.ca

**Please note: The course coordinator is the person that all students should contact for absences and illness issues related to the midterm exam.**

### Quiz Coordinator

Name: Rahul Patel

Email: rpatel40@uoguelph.ca

**Please note: The quiz coordinator is the person that all students should contact for issues related to the quiz.**

## Instructional Support

Name: Michael Fair

Email: [mfair@uoguelph.ca](mailto:mfair@uoguelph.ca)

Office hours: Tuesdays 11 am to noon & Wednesdays 3:30pm to 4:30pm.

Office: Blackwood Hall room 116

**Please note: The instructional support person holds office hours if students have questions about the readings.**

## Textbooks

Group	Title	Author	ISBN
	An introduction to psychological science: Fourth Canadian Edition	Krause, M., Corts, D., & Smith, S.	978-0-13-8083-92-2
	Revel package which allows to purchase An introduction to psychological science: Fourth Canadian Edition in loose leaf format for \$40 more through the Revel system	Krause, M., Corts, D., & Smith, S.	
	E-book option (limited time access to online book)	Krause, M., Corts, D., & Smith, S.	

## Learning Resources

### Course Resources

Please visit regularly the Course link (Website) (<https://courselink.uoguelph.ca/>) to obtain important information and materials for this course (e.g., instructions for assignments, lecture slides).

A PDF copy of the lecture slides for each lecture, with material whose copyrights do not allow sharing, will be posted on CourseLink on the day prior to the lecture. Please note that the remaining material of each lecture is also copyrighted. The copyright allows only for the personal use by registered students for the duration of the course. The course material, including lecture slides, cannot be reproduced, modified or transmitted to others, in part or whole, without the explicit written consent of the author.

### Campus Resources

If you are concerned about any aspect of your academic program: Make an appointment with a Program Counsellor (<https://www.uoguelph.ca/uaic/programcounsellors/>) in your degree program. If you are struggling to succeed academically: There are numerous academic resources offered by the Learning Commons (<https://www.lib.uoguelph.ca/using-library/spaces/learning-commons/>) including, Supported Learning Groups for a variety of courses, workshops related to time management, taking multiple choice exams, and general study skills.

## Library Course Reserve (Ares)

A copy of the required textbook is available on reserve at the library.

For instructions on accessing reserve resources, please visit How to Get Course Reserve Materials (<https://www.lib.uoguelph.ca/find/course-reserves-ares/>).

If at any point during the course you have difficulty accessing reserve materials, please contact the e-Learning Operations and Reserve Services staff at: Tel: 519-824-4120 ext. 53621 | Email: [libres2@uoguelph.ca](mailto:libres2@uoguelph.ca) | Location: McLaughlin Library, First Floor, University of Guelph

## Course Level Learning Outcomes

This course focuses on five primary intended learning outcomes. These primary outcomes will be both taught and assessed. The primary intended learning outcomes for this course are:

1. **Depth and breadth of understanding:** Demonstrates knowledge of key concepts in psychology, and integrates that knowledge across disciplinary boundaries. By the completion of this course, students are expected to be able to:
  - a. Identify key historical events of the field of psychology
  - b. Identify, delineate and understand the core concept of the scientific approach in psychology
  - c. Identify and delineate core concepts of knowledge generation and mobilization in psychology
  - d. Identify and delineate core concepts related to the biological bases of behaviour
  - e. Identify and delineate core concepts and theories of child and adolescent psychological development
  - f. Identify and delineate core concepts of human sensation, perception and consciousness
  - g. Identify and delineate core concepts of classical, operant and observation learning
  - h. Identify and delineate core concepts of encoding and retrieval of memories
  - i. Identify and delineate core concepts of human cognition, including biases and heuristics
  - j. Identify and delineate core concepts and theories of human motivation
  - k. Identify and delineate core concepts and theories of human emotions
    - l. Identify and delineate core concepts and theories pertaining to personality, including the issues raised about some theories.
  - m. Identify and delineate core concepts about the influence of others on people's thoughts, emotions and behaviour
  - n. Identify and delineate core concepts about commonly observed psychological disorders and treatments
2. **Inquiry and Analysis:** Ability to systematically explore issues, objects, and works in psychology by collecting and analyzing evidence that results in informed conclusions or judgments. By the completion of this course, students are expected to be able to:
  - a. Ask appropriate questions related to core concepts of the discipline of psychology
  - b. Reflect on evidence with a critical eye (e.g., engage in critical thinking and recognize confirmatory bias)
3. **Problem Solving and Creativity:** Ability to adapt to changing circumstances in the pursuit of a goal by working through a series of operations. By the completion of this course, students are expected to be able to:
  - a. Identify and delineate core concepts of human problem solving as conceptualized and studied in psychology
  - b. Identify and delineate core concepts of human creativity as conceptualized and studied in psychology
4. **Sense of Historical Development:** Understanding of psychology in a modern society; its limitations and developments. By the completion of this course, students are expected to be able to describe the historical context of psychological knowledge development.
5. **Global Understanding** Comprehension of the variety of political, religious, cultural, geographical, biological, environmental and historical forces in psychology. By the completion of this course, students are expected to be able to describe the historical context of psychological knowledge development.

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## Secondary learning outcomes

This course also has three secondary intended learning outcomes. These secondary outcomes are assumed to have already been acquired and, as such, will not comprise any significant portion of the course content. These outcomes will be assessed through the quizzes, midterm and final exams, and the research exposure. If you have not mastered these outcomes, you must seek out the appropriate resources as soon as possible. The library offers workshops focused on many of these outcomes. A good starting point would be to visit the library's front desk or website. These secondary intended learning outcomes for this course are:

1. **Reading Comprehension:** The understanding of theoretical and empirical literature in psychology. Students in this course are expected to read at a unique level and to be able to acquire and organize most information in the assigned readings (e.g., awareness of the purpose of reading, effective note-taking).
2. **Personal Organization / Time Management:** An ability to manage several tasks at once and adhere to schedules and deadlines, such as by using critical thinking, self-regulation and prioritizing. Students in this course are expected to recognize the importance of planning for the completion of many tasks, prioritize and demonstrate self-regulation, personal accountability and responsibility.
3. **Ethical Reasoning** includes moral maturity; a moral sense of mind behind decision-making. Students in this course are expected to demonstrate behaviour consistent with academic integrity, recognize when something is ethically right or wrong and to reflect on personal or others' judgment and analyze reasoning or lack of reasoning regarding ethical issues.

## Schedule of topics, assigned readings and quizzes (subject to modification)

Day	Date:	Topic	Activities	Due
Thu	9/5	Course overview	None	
Tue	9/10	Overview of the field of psychology	Chapter 1 sections: 1.1, 1.2	Quiz 1 opens Sept. 9th
Thu	9/12	Knowledge generation and mobilization in psychology part 1	Chapter 2: sections 2.1, 2.2	Quiz 2 opens Sept. 11th
Tue	9/17	Knowledge generation and mobilization in psychology part 2	Chapter 2: sections 2.1, 2.3	Quiz 1 & 2 close Sept. 18th
Thu	9/19	Biological basis of behaviour part 1	Chapter 3: sections 3.2, 3.3	Quiz 3 opens Sept. 18th
Tue	9/24	Biological basis of behaviour part 2	Chapter 3: sections 3.3, 3.4	Quiz 3 closes Sept. 25th
Thu	9/26	Human development part 1	Chapter 10: sections 10.2	Quiz 4 opens Sept. 25th
Tue	10/1	Human development part 2	Chapter 10: sections 10.3, 10.4	Quiz 4 closes Oct. 2nd
Thu	10/3	Sensation, perception & consciousness part 1	Chapter 4: sections 4.1, 4.2	Quiz 5 opens October 2nd
Tue	10/8	Sensation, perception & consciousness part 2	Chapter 4: sections 4.1, 4.2	
Thu	10/10	Sensation, perception & consciousness part 3	Chapter 5: sections 5.1, 5.3	Quiz 5 closes Oct. 11th
Tue	10/15	Fall Study Break		
Thu	10/17	Midterm exam	Covers all material up to and including October 10th	Midterm exam Oct. 17th
Tue	10/22	Learning	Chapter 6: sections 6.1, 6.2, 6.3	Quiz 6 opens Oct. 21st
Thu	10/24	Human memory	Chapter 7: sections 7.1, 7.2	Quiz 7 opens Oct. 23rd
Tue	10/29	Human thought	Chapter 8: sections 8.1, 8.2	Quiz 6 & 7 close Oct. 30th
Thu	10/31	Human motivation	Chapter 11: sections 11.1, 11.3	Quiz 8 opens Oct. 30th
Tue	11/5	Human emotions	Chapter 11: section 11.4	Quiz 8 closes Nov. 6th
Thu	11/7	Personality part 1	Chapter 12: sections 12.1, 12.3	Quiz 9 opens Nov. 6th
Tue	11/12	Personality part 2	Chapter 12: section 12.2	Quiz 9 closes Nov. 13th
Thu	11/14	Social psychology part 1	Chapter 13: section 13.1	Quiz 10 opens Nov. 13th
Tue	11/19	Social psychology part 2	Chapter 13: section 13.3	Quiz 10 closes Nov. 20th
Thu	11/21	Mental health & clinical psychology part 1	Chapter 15: section 15.1 Chapter 16: section 16.1	Quiz 11 opens Nov. 20th
Tue	11/26	Mental health & clinical psychology part 2	Chapter 15: section 15.3	
Thu	11/28	Mental health & clinical psychology part 3	Chapter 16: section 16.2, 16.3	Quiz 11 closes Nov. 29th
Tue	12/3	No Class		
Thu	12/5	No Class		
Tue	12/10	No Class		
Thu	12/12	No Class		

## Assessment Breakdown

Description	Weighting (%)	Due Date
Quizzes	25%	See Assessment Details
Midterm	30%	October 17th during regular class time; regular course location
Research exposure	5%	Must be completed by November 29th 5pm
Final exam	40%	See webadvisor

## Assessment Details

### Quizzes

The main goals of the quizzes are to (1) motivate you to keep up with the textbook readings and (2) enhance your learning and better prepare you for the exams (see “testing effect” on p. 284 of the textbook).

There will be 11 quizzes throughout the term. Each quiz will be available on Courselink for a period of at least 7 days. Because of the structure of the quiz online system we cannot grant extensions to individual students, which is why we are leaving a long time period of availability, as opposed to the typical 24 hours.

Each quiz will consist of **15 multiple-choice questions** aligned with the corresponding textbook readings for the related topic. The quizzes focus only on the textbook readings and are meant to be completed after reading them, preferably before attending the related lecture(s). You have **20 minutes** to complete each quiz and **only one opportunity to complete it**.

Your grade will be based on your best 10 of the 11 quiz grades, with each of these 10 quizzes contributing to 2.5% of your final grade (for a total of 25%).

Your quiz grade will not appear on the Courselink Grades page until after the due date for the last quiz. This delay is impossible to avoid because we will not know your 10 best quizzes (which will be used to compute your grade) until you have done all of them.

**You can see a quiz grade at any time on the Quizzes page.** Go to the Quizzes section of the course website. Click on the completed quiz for which you want to see your grade, click on the down arrow after the quiz title, and click on submissions.

If you wish to test yourself while learning textbook content, you have other options. Each textbook module contains a Quick Quiz at the end of each major section; it is recommended that you take these quizzes before moving on to the next section. Also, students who purchase access to Revel can find self-assessment tools on that web based platform.

If you have technical difficulties that are affecting your ability to complete a quiz, please consult the courselink help page (available from the courselink website), or call 519-824-4120 x52530 or email (courselink@uoguelph.ca) (courselink@uoguelph.ca) the courselink help desk.

**Do not wait until the last minute to complete the quizzes.**

### Mid-term exam

The mid-term exam will contain approximately 60 multiple-choice questions. Questions may be drawn from all the course material covered (e.g., readings, lectures) up to and including the material covered during the previous class. The exam will include questions based on material from the textbook but not covered in class, and on material covered in class but not covered in the textbook. The exam is an in person exam. **Please MAKE SURE YOU HAVE your student ID card (NOT a picture of the card, the actual card), a few sharpened HB pencils and an eraser with you at the exam.**

### Research exposure

The goal of the research exposure is to provide you an opportunity to see more closely the process of psychological research. Two options are available to you. You can either participate in actual studies being conducted at the university, or you can read and write a critical analysis of articles reporting on psychological research. Instructions for the research participation will be posted on the course website, please refer to them. **You must have completed this activity by November 29th 5pm. Do not wait until the last minute!**

### Final exam

The final exam will contain approximately 80 multiple-choice questions. The exam will focus primarily on the material covered since the midterm. Questions may be drawn from all the course material covered in that period (e.g., readings, lectures). The exam will include questions based on material from the textbook but not covered in class and on material covered in class but not covered in the textbook. The exam is an in person exam. **Please MAKE SURE YOU HAVE your student ID card (NOT a picture of the card, the actual card), a few sharpened HB pencils and an eraser with you at the exam.**

## Final Exam

Date: Dec 11

Time: Wed 8:30am-10:30am

Location: TBA *Please see Web Advisor closer to the date of scheduled final for location.*

To understand rules and regulations regarding Examinations students are encouraged to read Student's Responsibilities (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/examinations/>)

If the student is unable to meet the final exam requirements due to medical, psychological or compassionate circumstances they are encouraged to review Student's Responsibilities in the Academic Consideration, Appeals and Petitions (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-consideration-appeals-petitions/>) section of the Academic Calendar.

## Last Day to Drop Course

The final day to drop Fall 2024 courses without academic penalty is the last day of classes: November 29

After this date, a mark will be recorded, whether course work is completed or not (a zero is assigned for missed tests/assignments). This mark will show on the student's transcript and will be calculated into their average.

## Course Grading Policies

### Late Assignment and Missed Exams or Quizzes

A grade of 0 will be assigned for non-completion of assignments by the due date or examination at their scheduled time and location, unless appropriate academic consideration is sought per the instructions in this outline and the undergraduate calendar. Any documentation provided (e.g., doctor's notes) may be verified by different means, including calling the doctor's office for confirmation.

### Missed Lectures

All of the information related to the logistical and administrative components of this course will be communicated during class time. If you miss a class, it is your responsibility to make contact with a fellow student and catch up on what you missed.

### Supplemental Assessments

Please note that there are no supplemental assessments available for this course.

## Course Policies

### Policy on emails to the instructor

Only questions that can be answered simply, such as yes or no or with a short sentence, will be answered by email. For longer answers, you will most likely receive an email asking you to come and see me.

Emails will usually be answered within 24 to 48 hours during weekdays. If you have not received a reply within 48 hours of weekdays do not hesitate to come and see me after class or during my office hours.

### Policy regarding exam copies

Copies of the exam are loaned to registered students for the duration of the examination only. They remain the property of the course instructor and the University at all times. All copies must be returned to the instructor or his designate (e.g., Teaching Assistant) at the end of the corresponding examination time. They cannot be removed from the examination room by anyone other than the instructor or his designates. All material contained in the exams is copyrighted and may not be reproduced or transmitted to others without the express written consent of the instructor.

## CSAHS Academic Misconduct Policy

The *Academic Misconduct Policy* is detailed in the Undergraduate Calendar. The University of Guelph is committed to upholding the highest standards of academic integrity and **it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct** and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

Instructors **shall not** determine if academic misconduct has occurred. This is up to the Associate Dean Academic's office. Instructors shall not assign a grade of zero even if they believe that the student has committed some form of academic misconduct (e.g., copied material from a website like CourseHero) on an assignment or exam.

Instructors **can** determine if a student has poorly paraphrased and/or improperly cited material and can provide a grade accordingly as long as this is clearly identified as part of the assessment criteria via a rubric or other assessment tools.

For more information about Academic Integrity resources and how to prevent Academic Misconduct.

## Standard Statements for Undergraduate Courses

### Academic Integrity

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Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-misconduct/>) is outlined in the Undergraduate Calendar.

### Accessibility

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required; however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability. Use of the SAS Exam Centre requires students to make a booking at least 10 days in advance, and no later than the first business day in November, March or July as appropriate for the semester. Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time. For students at the Guelph campus, information can be found on the SAS website. (<https://www.uoguelph.ca/sas/>)

### Accommodation of Religious Obligations

If you are unable to meet an in-course requirement due to religious obligations, please email the course instructor within two weeks of the start of the semester to make alternate arrangements.

See the Academic calendar for information on regulations and procedures for Academic Accommodations of Religious Obligations (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-accommodation-religious-obligations/>).

### Copies of Out-of-class Assignments

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

### Drop Date

Students will have until the last day of classes to drop courses without academic penalty. The deadline to drop two-semester courses will be the last day of classes in the second semester. This applies to all undergraduate students except for Doctor of Veterinary Medicine and Associate Diploma in Veterinary Technology (conventional and alternative delivery) students. The regulations and procedures for course registration are available in the Undergraduate Calendar - Dropping Courses (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/dropping-courses/>).

### Email Communication

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly. e-mail is the official route of communication between the University and its students.

### Health and Wellbeing

The University of Guelph provides a wide range of health and wellbeing services at the Vaccarino Centre for Student Wellness (<https://wellness.uoguelph.ca/>). If you are concerned about your mental health and not sure where to start, connect with a Student Wellness Navigator (<https://wellness.uoguelph.ca/navigators/>) who can help develop a plan to manage and support your mental health or check out our mental wellbeing resources (<https://wellness.uoguelph.ca/shine-this-year/>). The Student Wellness team are here to help and welcome the opportunity to connect with you.

## **Illness**

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

## **Recording of Materials**

Presentations that are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a student, or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

## **Resources**

The Academic Calendars (<http://www.uoguelph.ca/registrar/calendars/?index>) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

## **When You Cannot Meet a Course Requirement**

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the Undergraduate Calendar for information on regulations and procedures for Academic Consideration. (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-consideration-appeals-petitions/>)