

THURSDAY, MARCH 7 2019

The University of Guelph Athletic Centre - Garney Henley Entrance  
7-8:30 p.m. (doors open 6:45 p.m.)

# RETURN TO ~~SPORT~~ LIFE AFTER A CONCUSSION!

Be inspired by our Guest Speaker **Ben Fanelli**, formerly of the Kitchener Rangers OHL team. Hear first hand Ben's story, his treatment challenges and how he returned to LIFE.

Join our expert panel to learn more about Concussions  
"Bring your questions to the panel and learn from the experts"

## OUR EXPERT PANEL INCLUDE



**Ben Fanelli**  
(former OHL Kitchener Rangers Captain)  
**Our Guest and Moderator**

- Ben Fanelli is an ex Ontario Hockey League captain, brain injury survivor, philanthropist, and podcast host.
- Ben was 6 games into his Ontario Hockey League career as a highly touted prospect when he woke up in the hospital with no idea how he got there. He was told upon waking from induced coma that he was lucky to be alive, that sports were out of the question for the rest of his life and that his brain was bleeding in three different places.
- He Co-Founded The EMPWR Foundation a non-profit with the goal of disseminating brain injury research in the sporting world and hosts a podcast called "Heroic Minds".



**Dr Mountjoy**  
(Sport Medicine Specialist)

- Teaches at the McMaster University School of Medicine
- Practices sports and exercise medicine at the Health & Performance Centre at the University of Guelph.
- She is a member of the IOC medical Commission (Games Group) and the Bureau of the FINA Sports Medicine Committee



**Brett Lyons**  
(Physiotherapist)

- Manages physiotherapy division at the Health and Performance Centre.
- An invited attendee of the Concussion Consensus held in Berlin in 2016.
- Over 15 years of clinical experience and continues to research and take the initiative in driving the Health and Performance Centre's Concussion Management Program.



**Kristine Dalton**  
(Optometrist, Vision Scientist )

- Teaches at the School of Optometry & Vision Science, University of Waterloo
- Established both the Vision & Motor Performance Lab and the Sports Vision Clinic.
- She has also helped to establish the Brain Injury Clinic, which opened in September of 2016



**Carol DeMatteo**  
(Concussion CanChild Researcher,  
McMaster University)

- Graduate from the University of Toronto in Physiotherapy and Occupational Therapy.
- Completion of her Masters of Science at McMaster University in Design, Measurement and Evaluation.
- Current research focus is return to activity (RTA) and return to school (RTS) after concussion for the pediatric population and has developed and updated RTA and RTS protocols to reflect the most recent and relevant scientific evidence.



Attend in person at the University of Guelph  
gymnasium. Live streaming available

RSVP: <https://uoguelph/return-to-life-after-concussion>  
Drop Ins welcome

**Parking is free after 5 p.m**

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