

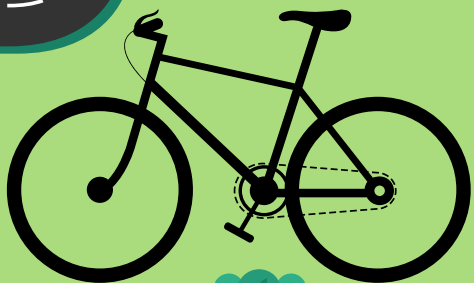
# FACULTY & STAFF BIKE RIDES

*A GUIDED ADVENTURE THROUGH THE ARBORETUM*

- OCTOBER 2 & 24
- 12-1PM (30-40 MINUTE BIKE RIDE)
- MEET AT BRANION PLAZA

**Bring your bike and helmet to work and enjoy a guided bike ride at lunch with CCP!**

**Snacks will be provided to riders at the end of the ride.**



**Learn more: [uoguelph.ca/wellnessatwork](http://uoguelph.ca/wellnessatwork)**

UNIVERSITY  
of GUELPH



University of Guelph

**Wellness  
@Work**

