



**A Workshop Presented by
The U of G Yoga and Meditation Collective**



Immerse in the Synergy of the Natural World



**The Arboretum
University of Guelph**

**Friday, June 7
9:30 AM - 1:30 PM**

**Keynote Speaker
Prof. Praveen Saxena
Director GRIPP, U of G**

**Snacks & Lunch Provided
Bring Walking Shoes & Yoga Mat**

**Register
<https://uoguel.ph/yoga>**

